

Protocol for Respiratory Illness
Including COVID-19, Influenza and RSV
March 2024

Students or Staff with **moderate** to **severe** respiratory symptoms should:

Remain home for:

- Fever (greater than or equal to 100°F) or feeling feverish
- Moderate to severe productive mucus/respiratory symptoms

If a student arrives at school ill or becomes ill while at school with signs or symptoms of any acute illness, the school nurse will assess the student and determine if the student will be dismissed.

Return to school when:

- Fever-free for 24 hours without the use of fever-reducing medication (e.g. Ibuprofen, acetaminophen)

AND

- Other symptoms have been improving for at least 24 hours

If an individual develops a fever or starts to feel worse after they have resumed normal activities, they should remain home again and follow the procedure above until the conditions to return to normal activities are met.

Upon return to normal activities, individuals should take added precautions over the next 5 days, such as taking additional steps for cleaner air, hygiene, masks, physical distancing, hand washing, and/or testing when they will be around other people indoors.

<https://www.cdc.gov/respiratory-viruses/guidance/respiratory-virus-guidance.html>